

Cultural Capital Intent



PE

As part of our P.E curriculum the Power of PE, we begin in EYFS by focusing the key skills of running and stopping, changing directions, throwing and catching and balancing and jumping for distance. In the first term, this learning is linked to Harvest and the seasons Autumn and Winter. In spring term this is linked to the Jungle and the animals that live there and superheros. In the Summer term, it is linked to our Science learning of growing plants and mini-beasts. Throughout the year we look at people around us who play, support or enjoy sports. We dive into some local sport heroes who were brought up, trained or lived in and around Milton Keynes. Gregg Rutherford, Deli Ali, Leah Williamson and Mervyn Luckwell are used to show diversity, determination and success.

As the children move to Year 1, we begin to look into past athletes. The focus is research and enquiry to what these people achieved or created. Pele, Tiger Woods, Maria Sharapova, Sir Bobby Charlton are a few of the sporting idols we use.

As the children move to key stage 1, we continue building on these key EYFS skills. We also begin to learn about heart health and the importance of exercise and healthy eating. During the Spring term, children explore balancing and traveling in Gymnastics and also learn about different paralympic sports. They learn about how sports can be adapted for different needs. The children also learn the key skills for football including passing, dribbling and stopping a ball as well as scoring a goal. In the Summer term, children progress to learn key athletic skills in preparation for their sports day. They learn how to sprint, jump hurdles, complete a standing jump for distance and to throw overarm.

In Year 2, we learn about athletes who are the first to achieve the impossible! By doing this we encourage them to dream, target and reach a goal. We look at stars such as Billie Jean King, the first female to play a male tennis player. Roger Bannister, the first to run a mile in under four minutes. Prince Harry creator of the Invictus games. At the end of Year 2, the children prepare themselves to move on from GTS. We focus on the children's aspirations of what they want to be when they are older. For inspiration, we continue with the concept of pioneers. Our aim at GTS is to develop aspirational citizens of the future and we want our children to have the belief that they can achieve anything! We use sporting competitions throughout the year to inspire and involve children in sporting situations. For example in 2021/2022 we had the Woman's Euros, Winter

Olympics, Six nations and Invictus games. We celebrate each competition and we hold a mini version or have lessons to learn the skills of the sport we are watching.



By the end of EYFS , the children will:	By the end of Year 1 , the children will:	By the end of Year 2 , the children will:
<ul style="list-style-type: none"> • To be able to run in different directions with control • To gain height when jumping • To bounce and catch a ball with 2 hands • To hold large and small shapes whilst balancing • To know how to use apparatus safely • To move with control at different speeds showing a change of direction • To hand strike a ball towards a target • To be able to jump in different ways 	<ul style="list-style-type: none"> • To gain power to get height in jump to challenge & improve skills • To show agility and coordination when moving with change of direction and speed • To be able to hit a ball with various bats in order to gain distance and accuracy • To balance on different points of the body, making different shapes • To perform appropriate movements to stimulus including changes of speed, mood and changing dynamics • To demonstrate good control when moving the ball with hands • To take part in competitive games, understanding rules and fairness 	<ul style="list-style-type: none"> • To challenge & improve skills • To throw accurately in different ways and catch with confidence • To use striking and fielding skills to play games, scoring points • To jump and travel at different speeds and distances on differing level • To dance as part of a group using different formations • To work as a small group to play a game • Use agility and balance to perform competitively amongst peers • To demonstrate coordination and high levels of control in own performance • Use athletic skills to take part in competitive games, improving own performance and techniques