



Our PE Curriculum: Glastonbury Thorn School

The PE curriculum at GTS is accessible to all and provides the children with the opportunity to be active, including developing positive mental health and well-being. In line with our curriculum ethos, PE is 'hands-on' with children developing their own abilities and knowledge of various sports that are accessible to them and dance and gym units of work that our children relate to. Lessons are also highly visual, with support and challenge in place to ensure effective progression. The children at GTS enjoy being active and strive to be a sports star!

In EYFS, the children learn the fundamental skills of movement and control. When ready, the children develop their skills through simple and games, introducing equipment such as bats and balls. Building on developing movement and control, the children develop hand-eye coordination. The children explore body actions and how to make simple shapes, progressing onto linking basic movements. Health and safety is of high importance in these early stages of PE development, with the children gaining knowledge of how to move safely, spacial awareness and understanding how to stay healthy.

In KS1, the Sports Coordinator and teachers follow the MKSSP scheme of work which provides teaching ideas and effective progression of knowledge and understanding when teaching PE at GTS. In Year 1, the children continue to develop their skills of movement by varying speed and improving coordination. The children are also challenged to be more consistent in their techniques when playing small games, including improved hand-eye coordination and spacial awareness. The children develop games techniques but increasing the variety of resources, included striking and fielding activities. The children in Year 1 begin to become more independent in their choices, evaluating techniques and performance. Developing further into Year 2, the children are increasingly challenged to combine skills learnt and perform with increased complexity. The children are taught about making good choices, including developing tactics for small games and activities.

PE is assessed through the non-core assessment grids, which in turn inform planning and adjustments in provision. In addition, PE Scrapbooks for each year group capture evidence of learning and to aid 'knowing more and remembering more.'

Our aim in PE is to provide our children with the opportunity to be active (including active play at lunchtimes) and to develop skills in order to be Sports Stars of the future!