



Our PSHE Curriculum: Glastonbury Thorn School

The PSHE curriculum at GTS is accessible to all and provides the children with the opportunity to learn more about themselves as a person, including developing positive mental health and well-being. In line with our curriculum ethos, PSHE focuses on the children's own experiences and builds on their understanding of the community around them. The children at GTS enjoy learning about themselves and others and how to be the best version of themselves!

In EYFS, the children are taught to see themselves as valuable individuals. The children gain a valuable understanding of how to express their feelings and consider the feelings of others. Even at this early stage, the children in EYFS are taught about British Values and how these compliment the school's Aspirational Citizenship Values of: Kindness, Respect, Being Sensible, Effort and Honesty. The children understand the importance of these values and also understand that rules are important and that everyone must follow them in order to stay happy and safe. The children also develop their understanding of basic hygiene and how to wash and dress appropriately. Keeping safe is an important focus for the children, including understanding who they can trust within their immediate community.

In KS1, teachers follow the 'Dimensions' scheme of work which provides teachers with teaching ideas and effective progression of knowledge and understanding when teaching PSHE at GTS. Through the three core units of: Health and well-being, relationships and living in the wider world, the children improve their understanding in these areas through carefully planned and sequenced lessons. *(see the GTS Long Term Planning document)* Even though all of the units are important, increased importance and focus has been given to promoting positive mental health and well-being both within the curriculum, but also during circle times and assemblies. In particular, 'My Hidden Chimp' assemblies have focused on understanding how we think and how to develop positive well-being and increased self-confidence.

When teaching PSHE, class teachers regularly monitor children's involvement and engagement and if additional intervention is required, this is provided by the school's Inclusion team. Where written work is appropriate, learning is captured in the children Learning Journey writing books. PSHE Scrapbooks for each year group capture evidence of learning and to aid 'knowing more and remembering more.'

Our aim in PSHE is to provide our children with the opportunity to learn more about themselves, knowing that they are valued and develop the confidence to succeed.